

Academy Nominations

Each member of Congress, either in the House of Representatives or the Senate, is allowed a total of five appointees in each service academy. For each vacancy, Ben is allowed to nominate ten individuals. Learn more about the [Service Academy Nomination process](#) .

Appropriations Project Requests

Ben is committed to an open and transparent appropriations process that helps create jobs and foster community improvement throughout the Third Congressional District. To view Ben's appropriations project requests, visit the [appropriations project request page](#) .

Artistic Discovery

The annual high school art competition that Ben sponsors in the 3rd Congressional District. Learn more about the [House of Representatives' nation-wide high school arts competition](#) .

Business Assistance

Learn more about [assistance for businesses \(especially small businesses\) in New Mexico](#) .

Congressional Commendations

As a service to my constituents, my office can provide acknowledgement of special events. Request a [congressional commendation](#) .

Consumer Protection

Advice on avoiding scams and rip-offs, as well as tips on a wide variety of other consumer topics. Learn more about [consumer protection](#) .

Digital TV

On June 12, 2009, all full-power broadcast television stations in the United States will stop broadcasting on analog airwaves and begin broadcasting only in digital. Digital broadcasting will allow stations to offer improved picture and sound quality and additional channels. [What is the Digital Television \(DTV\) Transition?](#)

Federal Agencies-Getting Help

If you can't get an answer from a federal agency in a timely fashion, or if you feel you have been treated unfairly, our office may be able to help resolve a problem or get you the information you need. While we cannot guarantee you a favorable outcome, we will do our best to help you receive a fair and timely response to your problem. [Contact my office for assistance in dealing with Federal agencies](#)

Federal Business Opportunities

Information that provides guidance and online procurement procedures for doing business with the federal government. Learn about the [procurement procedures for doing business with the federal government](#)

Flying Flag Over Capitol

[Purchase a U.S. flag through our office](#) . There is no limit on the number of flags you may order. You may also request that your new flag be flown over the Capitol. Flags may be flown for a particular person, event, or organization, and may be flown on a specific date. A certificate of recognition is included with each flag.

Government Resources

An [informational page listing the other government Web sites in one convenient place](#) .

Grants

There are thousands of federal grant programs that your organization might be eligible for. Learn about the [available resources to help eligible grantseekers find information on federal grants, loans, and nonfinancial assistance for projects, as well as on private funding](#)

H1N1 Flu Information

Visit Ben's [H1N1 Flu Information page](#) for information about the swine flu and steps you can take to stay healthy.

Identity Theft

[Information on how district residents can protect their identity](#) .

Internships

Our office runs an [internship program](#) accepting college students interested in learning about the operations of a congressional office. In addition to general office support, interns assist my staff with constituent services, Capitol tours, and light research. Interns are also encouraged to attend hearings, lectures, and seminars available in Congress and around the Hill.

Jobs

[Resources for district residents who are seeking employment](#) .

New Passport Rules

On June 1, 2009, U.S. citizens returning home by land or sea from Canada, Mexico, the [Carib bean region](#) or Bermuda are required to have a [passport, passport card, or other travel document approved by the Department of Homeland Security](#) . Before these new rules went into effect, U.S. citizens only needed to show proof of identity and U.S. citizenship.
[Read more about the new passport and travel rules.](#)

Page Program

High school juniors are eligible work as Pages in the U.S. House of Representatives for a fall or spring. There is no GPA requirement for Pages who work during the summer semester. While serving the House, Pages live in Washington D.C., at the Page Residence Hall, a few blocks away from the Capitol. During the academic year, Pages attend classes at the House Page School. [Learn more about the House of Representatives Page Program](#) .

Parents and Teachers

A [collection of resources for parents and teachers](#) .

Presidential Greetings

District Residents can request to receive a greeting from the President of the United States. Request a [Presidential Greeting](#) .

Student Financial Aid

[Learn about the process of locating and applying for financial aid](#) .

Tours

For those constituents visiting the Washington D.C. area, our office is pleased to offer this information on local tours and points of interest. Our office can also [help you make arrangements for some of the more popular Federal attractions in our Nation's Capital](#) .

Transportation Project Requests

Ben regularly speaks with constituents, state officials and local officials about the needs in their communities. Through these conversations, he has identified worthy projects for possible inclusion the Safe, Accountable, Flexible, Efficient Transportation Equity Act: A Legacy for Users (SAFETEA-LU), which Congress will consider for reauthorization this year. Each of the projects requested by Ben serves the needs of the Third Congressional District. To view Ben's transportation project requests, visit the [transportation project request page](#) . **Unclaimed**

Property

New Mexico New Mexico is holding huge amounts of [unclaimed property](#) . Is some of it yours? Common forms of unclaimed property include savings or checking accounts, stocks, uncashed dividends or payroll checks, refunds, traveler's checks, trust distributions, insurance payments or refunds and life insurance policies, annuities, certificates of deposit, customer overpayments, utility security deposits, mineral royalty payments, and contents of safe deposit boxes.